

Troop 975, Livermore, California

Weeklong Backpacking Trek Packing List

Uniform

- Scout Uniform (Tan Shirt, Scout Shorts, Scout Socks, Scout Belt, Troop Neckerchief, Troop Slide & Troop Hat)
- 2 ea Troop T-Shirts (Light Blue Shirts)
- Troop Hat or other Scout Hat

Clothing

- 2 T-Shirts
- 1 Long Pants
- 2 Hiking Shorts
- Lightweight Jacket
- Sweatshirt
- Rain Gear
- 3 Underwear
- Hiking Boots
- 4 pair light Socks
- 2 pair heavy wool socks

Personal Care

- Tooth Brush
- Toothpaste
- Comp/Brush
- Hand Soap
- Kleenex
- Bath Towel
- Beach Towel
- Insect Repellant
- Chap Stick
- Sunscreen Lotion

Equipment

- Sleeping Bag w/stuff sack
- Sleeping Pad
- Tent w/ground cloth
- Back Pack /Duffle Bag
- Small Bags for all Gear
- Mess Kit (Plate, Bowl & Cup)
- Eating Utensils (Knife, Fork & Spoon)

Scout Essentials

- Pocket Knife
- Compass
- Water Bottle
- Flashlight w/Extra Batteries

Other Items

- Watch
- Sunglasses
- Musical Instrument